

## **Post-Operative Instructions for Endosteal Implant Placement**

Please CALL at any hour of any day to report any continuing problem.

If you had dental implants placed, our general postoperative instructions apply, but we would like to emphasize a few things:

- 1.Placement of endosteal dental implants usually do not create a great deal of pain. Once again, start with Advil first.
- 2.You should brush the area very gently after the first 48 hours with a soft toothbrush. Do not avoid brushing the area altogether. Most times the sutures that are placed are dissolvable sutures, which will dissolve on their own in 8-12 days.
- 3.If a one-stage implant was placed so that you can actually see the metal part protruding from the gum tissue, it is very important for you to keep this area clean. You may start with a Q-tip dipped in Listerine or even warm salt water. Just clean the metal part protruding from the tissue. Then you can proceed to a soft toothbrush.
4. Avoid chewing hard foods on the implant sites. Chewing forces during the healing phase can decrease the body's ability to heal around the implant.

Please contact us should you have any other questions.